Учитель английского языка Максимова Н.И.

 МБОУ г. Иркутска им.П.А Пономарева СОШ №10

 План-конспект урока Класс 9б

 УМК «Spotlight», авторы Ю.Е.Ваулина, Д. Дули, О.Г. Подоляко, В. Эванс, Express Publishing, 2012,2017. Издательство «Просвещение» 2021

Тип урока: комбинированный.

Тема: «Здоровые привычки»

Цели:1. Совершенствовать навыки говорения и чтения.

Задачи: 1.Ознакомить с новыми лексическими единицами и отработать их в предложении.

2. Активизировать грамматическую структуру «If I were you» и модальный глагол «should»

1. Good afternoon, boys and girls! I am glad to see you! Нow are you?

**Today we will discuss healthy habits. Do you agree that first you should be healthy?**

**2. Now, we will read some words on this topic. Then make up some sentences using new words. Use the structure «If I were you» and «You should| shouldn’t»**

Reading comprehension

1. **Now you should read the text about healthy habits and make up a plan of the text.**  **4. Read your plan**

1. It is important to become health-conscious.
2. A healthy diet is an essential part of staying healthy.
3. It is necessary to do sports.
4. The harm of bad habits.
5. A proper rest a getting enough sleep.
6. It is not difficult to follow healthy rules.

**5. Say True, False, Not stated according to the text.**

1).People have become more health-conscious.

2).Healthy lifestyle is becoming more popular among old people.

3). People should have well-balanced diet.

4). Lack of exercises is not a problem nowadays.

5). You can sleep 6 hours.

6). Meeting stress is useful.

7).You can eat whatever you like.

8).You should avoid drinking fizzy drinks.

9). Smoking helps to avoid stress.

10).It is difficult to follow healthy habits.

Use of English

**5. Complete the sentences with the correct form of should , shouldn’t**.

1. You …drink a lot of water.

2. Students … miss meals.

3. It is getting late, you …go to bed.

4. You … be a member to use the gym.

5. Children … play football in this park.

6. Children… dive in the shallow end of the pool.

7. You … stay late in the evening.

**6. Order the words to make sentences.**

1. to , When, bed, go, should, we

2. She, What, do, should?

3. should, why, people, young, exercise?

4. Should, a, you lot, of, walk. why

5. Well balanced, should, people, food, enjoy?

6. unhealthy, of, life, should not, lead, we, way.

7. a , once, weight, their, should, people, control, month.

8. Is, fish, iron, in, meat, rich, and.

9. should, part, diet, be, healthy, fruit, of.

10. Your, slowly, food, should. Chew.

**7. What will you say in conclusion?**

 In conclusion I would like to say that …

**8. Now what have you understood from the topic?**

I understood that…

Now I know that…

It is important to…

It is necessary to…

**9. At home you should write an essay «Why should people have healthy habits? »**